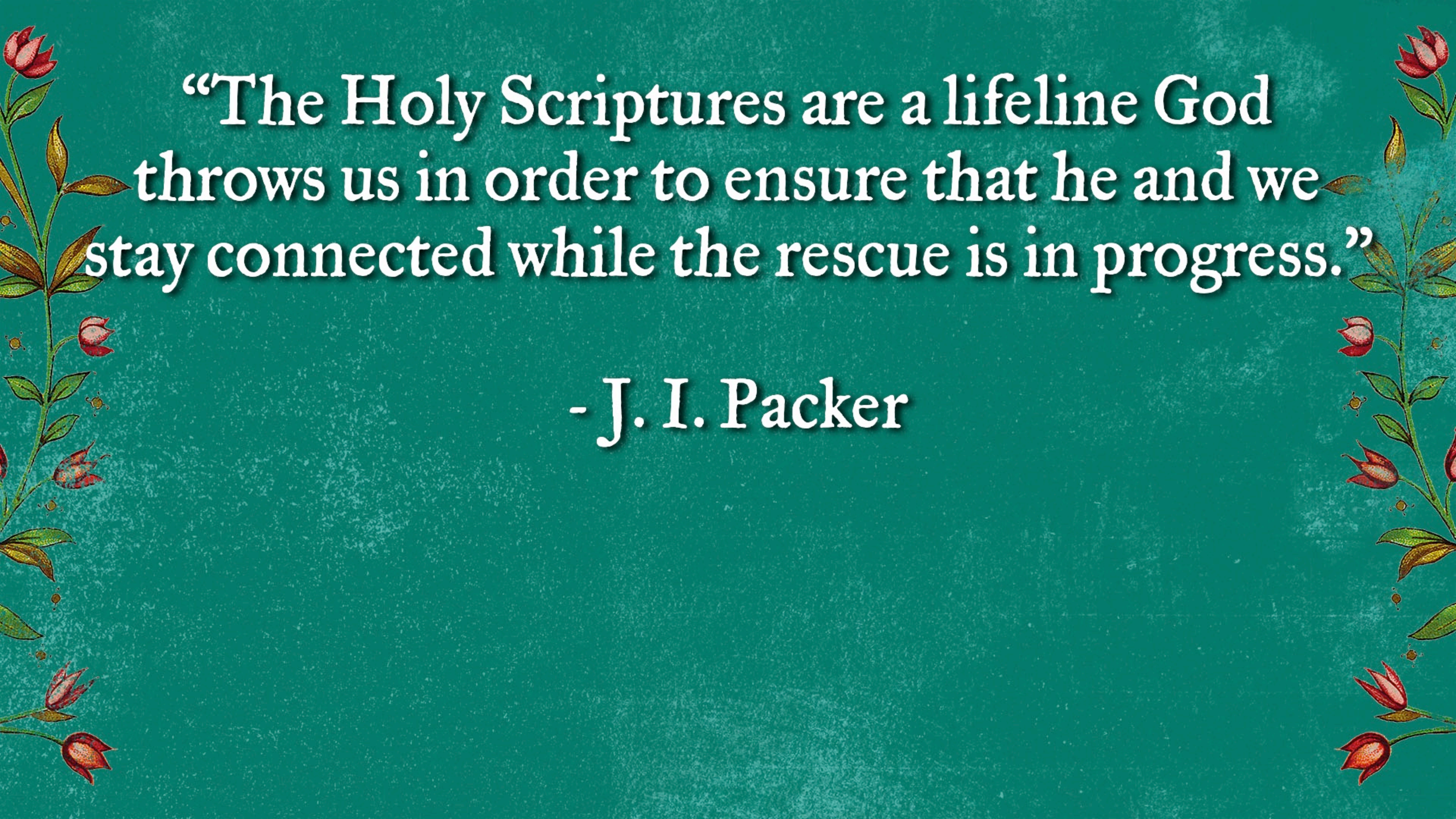




# Learning to Delight, Desire and Depend on the Word

Psalm 119





“The Holy Scriptures are a lifeline God throws us in order to ensure that he and we stay connected while the rescue is in progress.”

- J. I. Packer





# DELIGHT

“I shall delight in Your statutes; I shall not forget Your word.”

- *Psalm 119:16*







Disciplined time in the word - communing

Deeper study of the word - apprenticing

Memorization of the word - storing










“You yourself must lead me Lord...  
from understanding to delight...”

- Mechtild of Magdeburg  
*13th c. mystic*








“The duty exists for the delight... As one’s eyes are more and more opened, one sees more and more in them, and it excites wonder.”

- C. S. Lewis  
*Reflections on the Psalms*







# Benefits of Delighting in the Word:

1. Help in times of depression - 24, 25, 28
  2. Gives us resolve for obedience - 11
  3. Helps us to set our mind on the things of God rather than looping - 47, 48; Rom 12:2
  4. Give us a place of rescue - 92, 143
  5. Offers comfort - 50
  6. A sure hope - 147
  7. Reliable guidance - 105
- 





“Delight prevents forgetfulness: the mind will run upon that which the heart delights in; and the heart is where the treasure is.... it doubles the contentment of a thing that we are delighted in, to remember it, and call it to mind.... this is the true art of memory, to cause them to delight in what they learn. Such instructions as we take in with sweetness, they stick with us, and run in our minds night and day.”

- Thomas Manton  
*17th c English Puritan clergyman*





# DESIRE

“Open my eyes that I may behold wondrous things out of your law.”

- *Psalm 119:18*





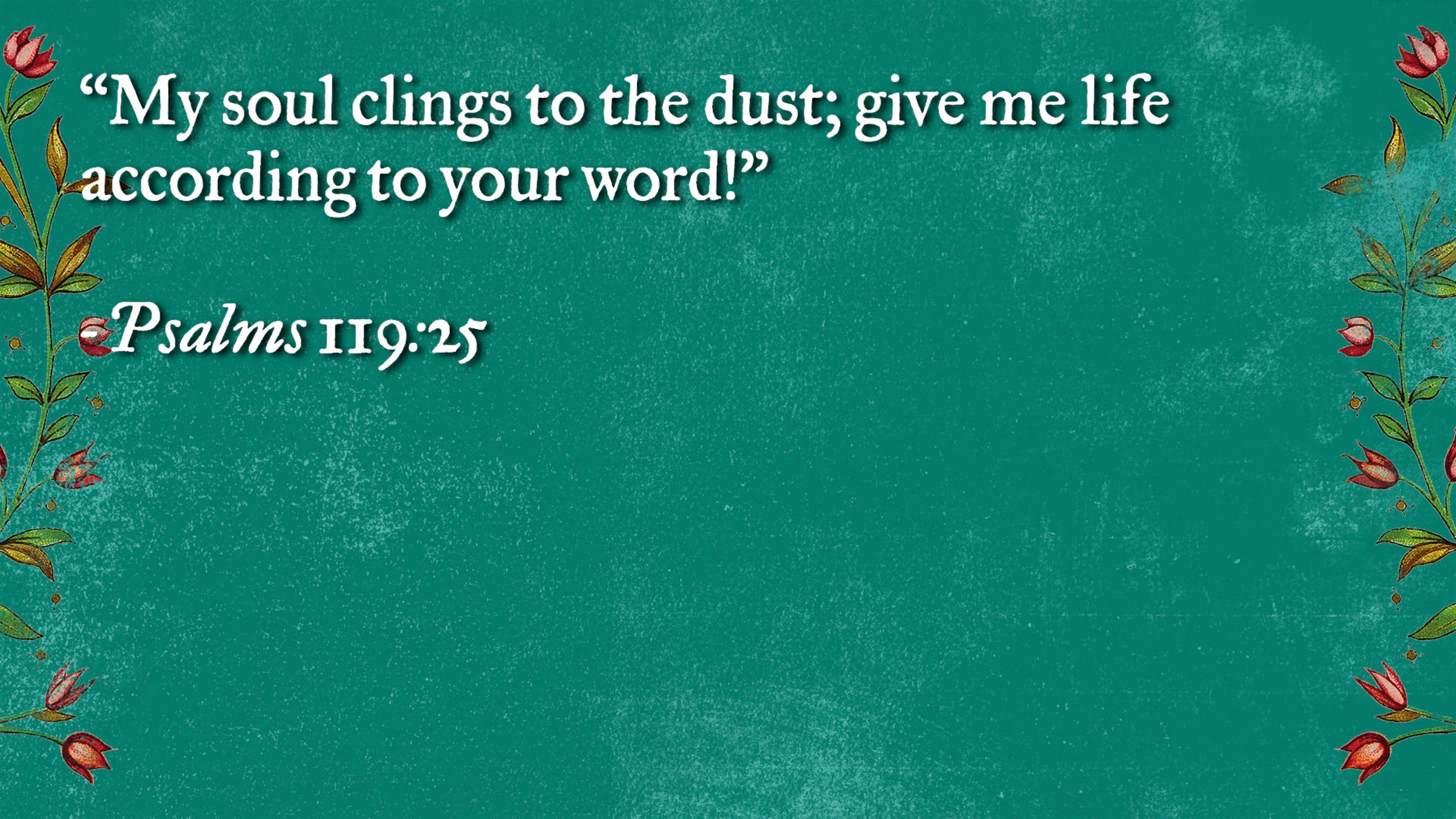


Let go, and receive

Rehearse the History of God's faithfulness









“My soul clings to the dust; give me life  
according to your word!”

*-Psalms 119:25*





“Every Christian does well to make his mind  
a field littered with outcrops  
of Ebenezer stones.”

- Jason Helopoulos  
*Author and Pastor*





# DEPEND:

“Teach me, O Lord, the way of your statutes;  
and I will keep it to the end.

Give me understanding, that I may keep your law  
and observe it with my whole heart.

Lead me in the path of your commandments,  
for I delight in it.

Incline my heart to your testimonies,  
and not to selfish gain!







# DEPEND:

“Turn my eyes from looking at worthless things;  
and give me life in your ways.

Confirm to your servant your promise,  
that you may be feared.

Turn away the reproach that I dread,  
for your rules are good.







DEPEND:

“Behold, I long for your precepts;  
in your righteousness give me life!”

- *Psalm 119:33-40*







The background is a solid teal color with a subtle, mottled texture. On the left and right sides, there are decorative borders featuring green stems with several red, tulip-like flowers and green leaves. The text is centered in the upper half of the image.

I am dependent

God's Word is dependable





“Faith is not believing God will give you  
what you need to live independently,  
but resting in knowing you will always  
be dependent on him.”

- Paul Tripp